

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club

Sandford Springs-Lakes Parks Course

Course Rating 66.8

Men's Red (from 3 Nov 2025)

Par 69

Slope 114

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+7	25.5 to 26.4	24
+4.2 to +3.3	+6	26.5 to 27.4	25
+3.2 to +2.3	+5	27.5 to 28.4	26
+2.2 to +1.3	+4	28.5 to 29.4	27
+1.2 to +0.3	+3	29.5 to 30.4	28
+0.2 to 0.6	+2	30.5 to 31.4	29
0.7 to 1.6	+1	31.5 to 32.4	30
1.7 to 2.6	0	32.5 to 33.4	31
2.7 to 3.6	1	33.5 to 34.3	32
3.7 to 4.6	2	34.4 to 35.3	33
4.7 to 5.6	3	35.4 to 36.3	34
5.7 to 6.6	4	36.4 to 37.3	35
6.7 to 7.6	5	37.4 to 38.3	36
7.7 to 8.6	6	38.4 to 39.3	37
8.7 to 9.6	7	39.4 to 40.3	38
9.7 to 10.6	8	40.4 to 41.3	39
10.7 to 11.5	9	41.4 to 42.3	40
11.6 to 12.5	10	42.4 to 43.3	41
12.6 to 13.5	11	43.4 to 44.3	42
13.6 to 14.5	12	44.4 to 45.2	43
14.6 to 15.5	13	45.3 to 46.2	44
15.6 to 16.5	14	46.3 to 47.2	45
16.6 to 17.5	15	47.3 to 48.2	46
17.6 to 18.5	16	48.3 to 49.2	47
18.6 to 19.5	17	49.3 to 50.2	48
19.6 to 20.5	18	50.3 to 51.2	49
20.6 to 21.5	19	51.3 to 52.2	50
21.6 to 22.5	20	52.3 to 53.2	51
22.6 to 23.4	21	53.3 to 54.0	52
23.5 to 24.4	22		
24.5 to 25.4	23		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club
Sandford Springs-Lakes Parks Course

Course Rating 72.0

Women's Red (from 3 Nov 2025)

Par 70

Slope 129

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+4	23.3 to 24.0	29
+4.8 to +4.0	+3	24.1 to 24.9	30
+3.9 to +3.1	+2	25.0 to 25.8	31
+3.0 to +2.2	+1	25.9 to 26.7	32
+2.1 to +1.4	0	26.8 to 27.5	33
+1.3 to +0.5	1	27.6 to 28.4	34
+0.4 to 0.4	2	28.5 to 29.3	35
0.5 to 1.3	3	29.4 to 30.2	36
1.4 to 2.1	4	30.3 to 31.0	37
2.2 to 3.0	5	31.1 to 31.9	38
3.1 to 3.9	6	32.0 to 32.8	39
4.0 to 4.8	7	32.9 to 33.7	40
4.9 to 5.6	8	33.8 to 34.6	41
5.7 to 6.5	9	34.7 to 35.4	42
6.6 to 7.4	10	35.5 to 36.3	43
7.5 to 8.3	11	36.4 to 37.2	44
8.4 to 9.1	12	37.3 to 38.1	45
9.2 to 10.0	13	38.2 to 38.9	46
10.1 to 10.9	14	39.0 to 39.8	47
11.0 to 11.8	15	39.9 to 40.7	48
11.9 to 12.7	16	40.8 to 41.6	49
12.8 to 13.5	17	41.7 to 42.4	50
13.6 to 14.4	18	42.5 to 43.3	51
14.5 to 15.3	19	43.4 to 44.2	52
15.4 to 16.2	20	44.3 to 45.1	53
16.3 to 17.0	21	45.2 to 45.9	54
17.1 to 17.9	22	46.0 to 46.8	55
18.0 to 18.8	23	46.9 to 47.7	56
18.9 to 19.7	24	47.8 to 48.6	57
19.8 to 20.5	25	48.7 to 49.4	58
20.6 to 21.4	26	49.5 to 50.3	59
21.5 to 22.3	27	50.4 to 51.2	60
22.4 to 23.2	28	51.3 to 52.1	61

INSTRUCTIONS

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Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.2 to 52.9	62		
53.0 to 53.8	63		
53.9 to 54.0	64		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club

Sandford Springs-Lakes Parks Course

Course Rating 70.4

Men's White (from 3 Nov 2025)

Par 69 Slope 125

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+4	25.5 to 26.3	30
+4.4 to +3.6	+3	26.4 to 27.2	31
+3.5 to +2.7	+2	27.3 to 28.1	32
+2.6 to +1.8	+1	28.2 to 29.0	33
+1.7 to +0.9	0	29.1 to 29.9	34
+0.8 to 0.0	1	30.0 to 30.8	35
0.1 to 0.9	2	30.9 to 31.7	36
1.0 to 1.8	3	31.8 to 32.6	37
1.9 to 2.8	4	32.7 to 33.5	38
2.9 to 3.7	5	33.6 to 34.4	39
3.8 to 4.6	6	34.5 to 35.3	40
4.7 to 5.5	7	35.4 to 36.2	41
5.6 to 6.4	8	36.3 to 37.1	42
6.5 to 7.3	9	37.2 to 38.0	43
7.4 to 8.2	10	38.1 to 38.9	44
8.3 to 9.1	11	39.0 to 39.8	45
9.2 to 10.0	12	39.9 to 40.7	46
10.1 to 10.9	13	40.8 to 41.6	47
11.0 to 11.8	14	41.7 to 42.5	48
11.9 to 12.7	15	42.6 to 43.4	49
12.8 to 13.6	16	43.5 to 44.3	50
13.7 to 14.5	17	44.4 to 45.2	51
14.6 to 15.4	18	45.3 to 46.1	52
15.5 to 16.3	19	46.2 to 47.0	53
16.4 to 17.2	20	47.1 to 48.0	54
17.3 to 18.1	21	48.1 to 48.9	55
18.2 to 19.0	22	49.0 to 49.8	56
19.1 to 19.9	23	49.9 to 50.7	57
20.0 to 20.8	24	50.8 to 51.6	58
20.9 to 21.7	25	51.7 to 52.5	59
21.8 to 22.6	26	52.6 to 53.4	60
22.7 to 23.5	27	53.5 to 54.0	61
23.6 to 24.4	28		
24.5 to 25.4	29		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club
Sandford Springs-Lakes Parks Course

Course Rating 69.3

Men's Yellow (from 3 Nov 2025)

Par 69

Slope 121

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+5	25.5 to 26.3	28
+4.4 to +3.6	+4	26.4 to 27.2	29
+3.5 to +2.7	+3	27.3 to 28.2	30
+2.6 to +1.7	+2	28.3 to 29.1	31
+1.6 to +0.8	+1	29.2 to 30.0	32
+0.7 to 0.1	0	30.1 to 31.0	33
0.2 to 1.1	1	31.1 to 31.9	34
1.2 to 2.0	2	32.0 to 32.8	35
2.1 to 2.9	3	32.9 to 33.8	36
3.0 to 3.9	4	33.9 to 34.7	37
4.0 to 4.8	5	34.8 to 35.6	38
4.9 to 5.7	6	35.7 to 36.6	39
5.8 to 6.7	7	36.7 to 37.5	40
6.8 to 7.6	8	37.6 to 38.4	41
7.7 to 8.5	9	38.5 to 39.4	42
8.6 to 9.5	10	39.5 to 40.3	43
9.6 to 10.4	11	40.4 to 41.2	44
10.5 to 11.3	12	41.3 to 42.2	45
11.4 to 12.3	13	42.3 to 43.1	46
12.4 to 13.2	14	43.2 to 44.0	47
13.3 to 14.1	15	44.1 to 45.0	48
14.2 to 15.1	16	45.1 to 45.9	49
15.2 to 16.0	17	46.0 to 46.8	50
16.1 to 16.9	18	46.9 to 47.8	51
17.0 to 17.9	19	47.9 to 48.7	52
18.0 to 18.8	20	48.8 to 49.6	53
18.9 to 19.7	21	49.7 to 50.6	54
19.8 to 20.7	22	50.7 to 51.5	55
20.8 to 21.6	23	51.6 to 52.4	56
21.7 to 22.5	24	52.5 to 53.4	57
22.6 to 23.5	25	53.5 to 54.0	58
23.6 to 24.4	26		
24.5 to 25.4	27		

INSTRUCTIONS

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Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.