

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club

Sandford Springs-Parks Woods Course

Course Rating 67.1

Men's Red (from 5 Nov 2025)

Par 70

Slope 116

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+8	25.8 to 26.6	24
+4.4 to +3.6	+7	26.7 to 27.6	25
+3.5 to +2.6	+6	27.7 to 28.6	26
+2.5 to +1.6	+5	28.7 to 29.6	27
+1.5 to +0.6	+4	29.7 to 30.5	28
+0.5 to 0.3	+3	30.6 to 31.5	29
0.4 to 1.3	+2	31.6 to 32.5	30
1.4 to 2.3	+1	32.6 to 33.5	31
2.4 to 3.3	0	33.6 to 34.4	32
3.4 to 4.2	1	34.5 to 35.4	33
4.3 to 5.2	2	35.5 to 36.4	34
5.3 to 6.2	3	36.5 to 37.4	35
6.3 to 7.2	4	37.5 to 38.3	36
7.3 to 8.1	5	38.4 to 39.3	37
8.2 to 9.1	6	39.4 to 40.3	38
9.2 to 10.1	7	40.4 to 41.3	39
10.2 to 11.1	8	41.4 to 42.2	40
11.2 to 12.0	9	42.3 to 43.2	41
12.1 to 13.0	10	43.3 to 44.2	42
13.1 to 14.0	11	44.3 to 45.1	43
14.1 to 15.0	12	45.2 to 46.1	44
15.1 to 15.9	13	46.2 to 47.1	45
16.0 to 16.9	14	47.2 to 48.1	46
17.0 to 17.9	15	48.2 to 49.0	47
18.0 to 18.8	16	49.1 to 50.0	48
18.9 to 19.8	17	50.1 to 51.0	49
19.9 to 20.8	18	51.1 to 52.0	50
20.9 to 21.8	19	52.1 to 52.9	51
21.9 to 22.7	20	53.0 to 53.9	52
22.8 to 23.7	21	54.0 to 54.0	53
23.8 to 24.7	22		
24.8 to 25.7	23		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club
Sandford Springs-Parks Woods Course

Course Rating 72.5

Women's Red (from 3 Nov 2025)

Par 71

Slope 133

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+4	23.8 to 24.6	30
+4.2 to +3.4	+3	24.7 to 25.4	31
+3.3 to +2.6	+2	25.5 to 26.3	32
+2.5 to +1.7	+1	26.4 to 27.1	33
+1.6 to +0.9	0	27.2 to 28.0	34
+0.8 to +0.1	1	28.1 to 28.8	35
0.0 to 0.8	2	28.9 to 29.7	36
0.9 to 1.6	3	29.8 to 30.5	37
1.7 to 2.5	4	30.6 to 31.4	38
2.6 to 3.3	5	31.5 to 32.2	39
3.4 to 4.2	6	32.3 to 33.1	40
4.3 to 5.0	7	33.2 to 33.9	41
5.1 to 5.9	8	34.0 to 34.8	42
6.0 to 6.7	9	34.9 to 35.6	43
6.8 to 7.6	10	35.7 to 36.5	44
7.7 to 8.4	11	36.6 to 37.3	45
8.5 to 9.3	12	37.4 to 38.2	46
9.4 to 10.1	13	38.3 to 39.0	47
10.2 to 11.0	14	39.1 to 39.9	48
11.1 to 11.8	15	40.0 to 40.7	49
11.9 to 12.7	16	40.8 to 41.6	50
12.8 to 13.5	17	41.7 to 42.4	51
13.6 to 14.4	18	42.5 to 43.3	52
14.5 to 15.2	19	43.4 to 44.1	53
15.3 to 16.1	20	44.2 to 45.0	54
16.2 to 16.9	21	45.1 to 45.8	55
17.0 to 17.8	22	45.9 to 46.7	56
17.9 to 18.6	23	46.8 to 47.5	57
18.7 to 19.5	24	47.6 to 48.4	58
19.6 to 20.3	25	48.5 to 49.2	59
20.4 to 21.2	26	49.3 to 50.1	60
21.3 to 22.0	27	50.2 to 50.9	61
22.1 to 22.9	28	51.0 to 51.8	62
23.0 to 23.7	29	51.9 to 52.6	63

INSTRUCTIONS

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Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.7 to 53.5	64		
53.6 to 54.0	65		

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Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

COURSE HANDICAP™ TABLE

Sandford Springs Golf Club

Sandford Springs-Parks Woods Course



ENGLAND GOLF

Course Rating 70.3

Men's White (from 3 Nov 2025)

Par 70

Slope 122

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+5	26.2 to 27.0	29
+4.4 to +3.6	+4	27.1 to 27.9	30
+3.5 to +2.6	+3	28.0 to 28.8	31
+2.5 to +1.7	+2	28.9 to 29.8	32
+1.6 to +0.8	+1	29.9 to 30.7	33
+0.7 to 0.1	0	30.8 to 31.6	34
0.2 to 1.1	1	31.7 to 32.6	35
1.2 to 2.0	2	32.7 to 33.5	36
2.1 to 2.9	3	33.6 to 34.4	37
3.0 to 3.8	4	34.5 to 35.3	38
3.9 to 4.8	5	35.4 to 36.3	39
4.9 to 5.7	6	36.4 to 37.2	40
5.8 to 6.6	7	37.3 to 38.1	41
6.7 to 7.5	8	38.2 to 39.0	42
7.6 to 8.5	9	39.1 to 40.0	43
8.6 to 9.4	10	40.1 to 40.9	44
9.5 to 10.3	11	41.0 to 41.8	45
10.4 to 11.2	12	41.9 to 42.7	46
11.3 to 12.2	13	42.8 to 43.7	47
12.3 to 13.1	14	43.8 to 44.6	48
13.2 to 14.0	15	44.7 to 45.5	49
14.1 to 15.0	16	45.6 to 46.4	50
15.1 to 15.9	17	46.5 to 47.4	51
16.0 to 16.8	18	47.5 to 48.3	52
16.9 to 17.7	19	48.4 to 49.2	53
17.8 to 18.7	20	49.3 to 50.2	54
18.8 to 19.6	21	50.3 to 51.1	55
19.7 to 20.5	22	51.2 to 52.0	56
20.6 to 21.4	23	52.1 to 52.9	57
21.5 to 22.4	24	53.0 to 53.9	58
22.5 to 23.3	25	54.0 to 54.0	59
23.4 to 24.2	26		
24.3 to 25.1	27		
25.2 to 26.1	28		

INSTRUCTIONS

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Play with the Course Handicap™ in the right column which correspond with that range.

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COURSE HANDICAP™ TABLE

Sandford Springs Golf Club
Sandford Springs-Parks Woods Course

Course Rating 69.4

Men's Yellow (from 3 Nov 2025)

Par 70

Slope 119

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+6	25.8 to 26.6	27
+4.6 to +3.8	+5	26.7 to 27.6	28
+3.7 to +2.8	+4	27.7 to 28.5	29
+2.7 to +1.9	+3	28.6 to 29.5	30
+1.8 to +0.9	+2	29.6 to 30.4	31
+0.8 to 0.0	+1	30.5 to 31.4	32
0.1 to 1.0	0	31.5 to 32.3	33
1.1 to 1.9	1	32.4 to 33.3	34
2.0 to 2.9	2	33.4 to 34.2	35
3.0 to 3.8	3	34.3 to 35.2	36
3.9 to 4.8	4	35.3 to 36.1	37
4.9 to 5.7	5	36.2 to 37.1	38
5.8 to 6.7	6	37.2 to 38.0	39
6.8 to 7.6	7	38.1 to 39.0	40
7.7 to 8.6	8	39.1 to 39.9	41
8.7 to 9.5	9	40.0 to 40.9	42
9.6 to 10.5	10	41.0 to 41.8	43
10.6 to 11.4	11	41.9 to 42.8	44
11.5 to 12.4	12	42.9 to 43.7	45
12.5 to 13.3	13	43.8 to 44.7	46
13.4 to 14.3	14	44.8 to 45.6	47
14.4 to 15.2	15	45.7 to 46.6	48
15.3 to 16.2	16	46.7 to 47.5	49
16.3 to 17.1	17	47.6 to 48.5	50
17.2 to 18.1	18	48.6 to 49.4	51
18.2 to 19.0	19	49.5 to 50.4	52
19.1 to 20.0	20	50.5 to 51.3	53
20.1 to 20.9	21	51.4 to 52.3	54
21.0 to 21.9	22	52.4 to 53.2	55
22.0 to 22.8	23	53.3 to 54.0	56
22.9 to 23.8	24		
23.9 to 24.7	25		
24.8 to 25.7	26		

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