

Sandford Springs Golf Club

ENGLAND GOLF

Sandford Springs-Woods Lakes Course

Course Rating 66.7	Men's Red (from 3	3 Nov 2025)	Par 71 Slope 116
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.1	+9	26.2 to 27.0	23
+4.0 to +3.2	+8	27.1 to 28.0	24
+3.1 to +2.2	+7	28.1 to 29.0	25
+2.1 to +1.2	+6	29.1 to 30.0	26
+1.1 to +0.2	+5	30.1 to 30.9	27
+0.1 to 0.7	+4	31.0 to 31.9	28
0.8 to 1.7	+3	32.0 to 32.9	29
1.8 to 2.7	+2	33.0 to 33.8	30
2.8 to 3.7	+1	33.9 to 34.8	31
3.8 to 4.6	0	34.9 to 35.8	32
4.7 to 5.6	1	35.9 to 36.8	33
5.7 to 6.6	2	36.9 to 37.7	34
6.7 to 7.5	3	37.8 to 38.7	35
7.6 to 8.5	4	38.8 to 39.7	36
8.6 to 9.5	5	39.8 to 40.7	37
9.6 to 10.5	6	40.8 to 41.6	38
10.6 to 11.4	7	41.7 to 42.6	39
11.5 to 12.4	8	42.7 to 43.6	40
12.5 to 13.4	9	43.7 to 44.6	41
13.5 to 14.4	10	44.7 to 45.5	42
14.5 to 15.3	11	45.6 to 46.5	43
15.4 to 16.3	12	46.6 to 47.5	44
16.4 to 17.3	13	47.6 to 48.5	45
17.4 to 18.3	14	48.6 to 49.4	46
18.4 to 19.2	15	49.5 to 50.4	47
19.3 to 20.2	16	50.5 to 51.4	48
20.3 to 21.2	17	51.5 to 52.4	49
21.3 to 22.2	18	52.5 to 53.3	50
22.3 to 23.1	19	53.4 to 54.0	51
23.2 to 24.1	20		
24.2 to 25.1	21		
25.2 to 26.1	22		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.



Sandford Springs Golf Club Sandford Springs-Woods Lakes Course



Sandford Springs-Woods Lakes Course						
Course Rating 72.1	Women's Red (from	n 3 Nov 2025)	Par 71 Slope 131			
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™			
+5.0 to +4.9	+5	23.7 to 24.4	29			
+4.8 to +4.0	+4	24.5 to 25.3	30			
+3.9 to +3.2	+3	25.4 to 26.2	31			
+3.1 to +2.3	+2	26.3 to 27.0	32			
+2.2 to +1.4	+1	27.1 to 27.9	33			
+1.3 to +0.6	0	28.0 to 28.8	34			
+0.5 to 0.3	1	28.9 to 29.6	35			
0.4 to 1.2	2	29.7 to 30.5	36			
1.3 to 2.0	3	30.6 to 31.3	37			
2.1 to 2.9	4	31.4 to 32.2	38			
3.0 to 3.7	5	32.3 to 33.1	39			
3.8 to 4.6	6	33.2 to 33.9	40			
4.7 to 5.5	7	34.0 to 34.8	41			
5.6 to 6.3	8	34.9 to 35.7	42			
6.4 to 7.2	9	35.8 to 36.5	43			
7.3 to 8.1	10	36.6 to 37.4	44			
8.2 to 8.9	11	37.5 to 38.2	45			
9.0 to 9.8	12	38.3 to 39.1	46			
9.9 to 10.6	13	39.2 to 40.0	47			
10.7 to 11.5	14	40.1 to 40.8	48			
11.6 to 12.4	15	40.9 to 41.7	49			
12.5 to 13.2	16	41.8 to 42.6	50			
13.3 to 14.1	17	42.7 to 43.4	51			
14.2 to 15.0	18	43.5 to 44.3	52			
15.1 to 15.8	19	44.4 to 45.1	53			
15.9 to 16.7	20	45.2 to 46.0	54			
16.8 to 17.5	21	46.1 to 46.9	55			
17.6 to 18.4	22	47.0 to 47.7	56			
18.5 to 19.3	23	47.8 to 48.6	57			
19.4 to 20.1	24	48.7 to 49.5	58			
20.2 to 21.0	25	49.6 to 50.3	59			
21.1 to 21.9	26	50.4 to 51.2	60			
22.0 to 22.7	27	51.3 to 52.1	61			
22.8 to 23.6	28	52.2 to 52.9	62			
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INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
53.0 to 53.8	63		
53.9 to 54.0	64		

INSTRUCTIONS



ENGLAND GOLF

Course Rating 71.1

Sandford Springs Golf Club Sandford Springs-Woods Lakes Course Men's White (from 3 Nov 2025)

Par 71	Slope 131
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Handica	ıp lı	ndex®	Cours	e Handicap™		Handic	ap I	ndex®	Co	urse H	andicap™
+5.0	to	+4.9		+6		23.7	to	24.4		2	8
+4.8	to	+4.0		+5		24.5	to	25.3		2	9
+3.9	to	+3.2		+4		25.4	to	26.2		3	0
+3.1	to	+2.3		+3		26.3	to	27.0		3	1
+2.2	to	+1.4		+2		27.1	to	27.9		3	2
+1.3	to	+0.6		+1		28.0	to	28.8		3	3
+0.5	to	0.3		0		28.9	to	29.6		3	4
0.4	to	1.2		1		29.7	to	30.5		3	5
1.3	to	2.0		2		30.6	to	31.3		3	6
2.1	to	2.9		3		31.4	to	32.2		3	7
3.0	to	3.7		4		32.3	to	33.1		3	8
3.8	to	4.6		5		33.2	to	33.9		3	9
4.7	to	5.5		6		34.0	to	34.8		4	0
5.6	to	6.3		7		34.9	to	35.7		4	1
6.4	to	7.2		8		35.8	to	36.5		4	2
7.3	to	8.1		9		36.6	to	37.4		4	3
8.2	to	8.9		10		37.5	to	38.2		4	4
9.0	to	9.8		11		38.3	to	39.1		4	5
9.9	to	10.6		12		39.2	to	40.0		4	6
10.7	to	11.5		13		40.1	to	40.8		4	7
11.6	to	12.4		14		40.9	to	41.7		4	8
12.5	to	13.2		15		41.8	to	42.6		4	9
13.3	to	14.1		16		42.7	to	43.4		5	0
14.2	to	15.0		17		43.5	to	44.3		5	1
15.1	to	15.8		18		44.4	to	45.1		5	2
15.9	to	16.7		19		45.2	to	46.0		5	3
16.8	to	17.5		20		46.1	to	46.9		5	4
17.6	to	18.4		21		47.0	to	47.7		5	5
18.5	to	19.3		22		47.8	to	48.6		5	6
19.4	to	20.1		23		48.7	to	49.5		5	7
20.2	to	21.0		24		49.6	to	50.3		5	8
21.1	to	21.9		25		50.4	to	51.2		5	9
22.0	to	22.7		26		51.3	to	52.1		6	0
22.8	to	23.6		27		52.2				6	1
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INSTRUCTIONS

Find the range containing your Handicap Index® in the left column. Play with the Course Handicap $^{\text{TM}}$ in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
53.0 to 53.8	62		
53.9 to 54.0	63		

INSTRUCTIONS



ENGLAND GOLF

Sandford Springs Golf Club Sandford Springs-Woods Lakes Course

Course Rating 69.9	Men's Yellow (from	n 3 Nov 2025)	Par 71 Slope 128
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+7	23.5 to 24.3	26
+4.7 to +3.9	+6	24.4 to 25.2	27
+3.8 to +3.1	+5	25.3 to 26.1	28
+3.0 to +2.2	+4	26.2 to 27.0	29
+2.1 to +1.3	+3	27.1 to 27.8	30
+1.2 to +0.4	+2	27.9 to 28.7	31
+0.3 to 0.5	+1	28.8 to 29.6	32
0.6 to 1.4	0	29.7 to 30.5	33
1.5 to 2.2	1	30.6 to 31.4	34
2.3 to 3.1	2	31.5 to 32.3	35
3.2 to 4.0	3	32.4 to 33.1	36
4.1 to 4.9	4	33.2 to 34.0	37
5.0 to 5.8	5	34.1 to 34.9	38
5.9 to 6.7	6	35.0 to 35.8	39
6.8 to 7.5	7	35.9 to 36.7	40
7.6 to 8.4	8	36.8 to 37.6	41
8.5 to 9.3	9	37.7 to 38.4	42
9.4 to 10.2	10	38.5 to 39.3	43
10.3 to 11.1	11	39.4 to 40.2	44
11.2 to 12.0	12	40.3 to 41.1	45
12.1 to 12.8	13	41.2 to 42.0	46
12.9 to 13.7	14	42.1 to 42.9	47
13.8 to 14.6	15	43.0 to 43.7	48
14.7 to 15.5	16	43.8 to 44.6	49
15.6 to 16.4	17	44.7 to 45.5	50
16.5 to 17.3	18	45.6 to 46.4	51
17.4 to 18.1	19	46.5 to 47.3	52
18.2 to 19.0	20	47.4 to 48.2	53
19.1 to 19.9	21	48.3 to 49.0	54
20.0 to 20.8	22	49.1 to 49.9	55
20.9 to 21.7	23	50.0 to 50.8	56
21.8 to 22.5	24	50.9 to 51.7	57
22.6 to 23.4	25	51.8 to 52.6	58

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.7 to 53.4	59		
53.5 to 54.0	60		

INSTRUCTIONS